

**--ABSTRACT OF THE DISCLOSURE**

The invention consists of a machine with a vibrating structure powered by a built-in electric external vibrating motor which moves the entire structure of the machine. The structure consists of a vertical section with tubular edges which curve to form a horizontal rectangular base upon which users place their feet to receive the vibrations. The lower part has four supporting feet, each of which is finished off at the lower end with an anti-vibratory rubber stopper. Between the two parallel vertical bars are further parallel horizontal bars, two of which are used to attach the electric motor. As a result of all the above the machine is capable of providing vibrations and a complete massage from the head down to the feet.--